



**BECAUSE EVERYONE  
DESERVES TO BE HEALTHY.**

**LIVE UNITED**

Tia had been abusing alcohol for years, and was slowly losing everyone and everything that she loved as she spiraled deeper and deeper in to her addiction.

She reached her breaking point when she lost custody of her daughter. Tia then checked herself in at the Farnum Center.

As it was her first time seeking treatment, Tia had no idea what to expect. But, she was committed to beating her addiction, and kept an open mind.

***"I sat in groups, slowly opening my heart and ears. And all of a sudden, something clicked. I realized everything I needed to have a better life was inside of me the whole time. That I was enough."***

Armed with a new awareness of her innate strength and sense of self-worth, Tia was fully engaged in her treatment and knew she had the ability to conquer her addiction to alcohol.

Tia is now 101 days sober, repairing relationships with family and friends, started a new job, and is taking care of herself.

She works each day to better herself physically and spiritually, focusing on gaining custody of her daughter again.

One day, she hopes to work in recovery and give back by helping others to realize, they too, are enough.

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Granite United Way focuses on helping to create lasting solutions to the most significant challenges impacting those who live in our community.

**Learn more at [www.graniteuw.org](http://www.graniteuw.org).**

